CHAPTER 3

THE RHYTHM OF DAILY LIFE

THE rhythm of daily life in an agricultural community grows out of the close relationship between the activities of man and the cycle of nature. Work and recreation depend upon the seasons and their contrasts of heat and cold, of dry and wet weather, of springtime and harvest. The Santals distinguish three seasons during the year, each possessing a characteristic climate. The "cold days" last from November to March. The rice harvest is gathered during the earlier part of this season; food is therefore plentiful and people relax. The skies for the most part remain clear, and the absence of movement in the air causes a blue haze to hang over the villages in the evenings, formed by the wood smoke of the cooking fires. The nights are cold; morning and evening the folk crouch over small fires in the open to warm themselves. Sometimes, when the wind blows off the distant Himalayas, the days are also cold. The new year begins at this time. Then come the "heat days", when the west wind scorches the skin during the midday hours and often the nights too are unbearably hot. From time to time a storm blows up from the north-west in the late afternoon, stirring the dust and then laying it and cooling the earth with welcome raindrops, while loud claps of thunder are heard and vivid flashes of lightning chase across the sky. During these days the forest trees shed their leaves and take on a garment of new green, flowering trees make gay patterns against the deep blue of the sky, while both men and women spend much time in the forests, the former hunting and fishing, the women gathering fruits, leaves and roots. Springs, streams and wells dry up, and many women have to go long distances to obtain water for domestic needs. Then come the "heavy-rain days", which last from the end of June till October, the time of the south-west monsoon on which so much depends. Eagerly the Santals watch the signs of the sky, working for long hours until all the rice seedlings have been planted out; then rain and sun are left to bring the increase, while men watch and tend the fields.

The year is also divided into two parts, one of which, the season from June until the new harvest has been reaped, is known as "hunger-time". This name is an eloquent reminder of the danger of starvation; even in normal years the Santal's holding of land is insufficient to support his family. The years

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pass, indistinguishable one from another except when famine or other calamity makes a landmark on which the memory will fasten in the years to come. Ten years ago many of the older men dated their birth according to whether they were born before or after "Seventy-two", the Bengali year 1272, when a disastrous famine broke up many families. Another memorable year was the year of the influenza epidemic that followed the close of the 1914–18 war, and young people today can calculate their age in relation to the year of the *maloṭ*, or epidemic. The division of the year into months is somewhat vague, for whereas the only names for the months now current are the twelve months of the Bengali calendar, the Santal reckoning is based on the moon. As one man remarked: "We sometimes have to slip a month." In 1939, when this statement was made, there was confusion in the Santal calendar between *Bhador* (the Bengali month extending through a part of August and September) and *San*, the month that precedes it. Names are given to the phases of the moon according to its shape. Thus I was told: "The *Ende* (the Ind festival which in West Bengal is associated with Dharma worship) is observed during the month of *Bhador*, when the moon is shaped like an open umbrella."

The days of the week also have Bengali names, and the day is divided into periods, the names of which relate in some cases to the meals taken, in other cases to the duties which have to be performed or to a more general association of the time. When Santals wish to make an appointment at a particular time it is sufficient to point to the position in the sky where the sun will have climbed. Some time before dawn it is "little cockcrow", and this is followed by "cockcrow". *Bąsiąm*, the time when breakfast is taken, is divided into three parts: "child *bąsiąm*", "*bąsiąm*" and "bent *bąsiąm*". The word *bąsiąm*, meaning "leftover", is a reminder that the breakfast consists of a small quantity of cold rice or rice gruel, cooked with the evening meal on the previous day and kept for the morning, when it is eaten with a little salt. The late afternoon is called the "time when women draw water". One way of describing a short period is to relate it to the time taken in boiling a pot of rice. Work is continued until the shadow of a house or a tree falls across a particular spot. It happens frequently that children draw a line outside their schoolhouse, so that when the shadow of the building falls across the line they know it is time to go home. A man who was in the habit of sleeping in

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his courtyard after the midday meal used to make sure of rising at the right time by telling his children to waken him when the shadows had reached a certain spot.

During the night the time is indicated not only by the position of the moon but also by the stars, and particularly by reference to the constellation Pleiades. There are at least two myths relating to the sun and the moon. In the one the sun is male and the moon female, while the stars are their children. The absence of the stars from the sky in daytime is explained by a story that they made a pact to eat their children. The sun carried out the bargain and so there are no stars visible by daylight, but the moon evaded her promise and so some of the children survived. The other version says that both the sun and the moon are male; they became related to each other by marrying each other's sisters. Only a few of the stars and constellations are named. The Pleiades have the same name as one of the clans; the Milky Way is known as the "cow track", and the Great Bear is the "old woman's bed".

Between the harvest and the Spring festival, a period which corresponds with the cold weather, the villages present a deserted appearance, due to the annual migration to the east for work in the harvest fields of the Ganges delta. This seasonal migration, dictated by economic necessity, plays an important part in the life of the area. Farther to the north many Santals work in the coal-mines round Asansol, while to the south labour is drawn to the great steel town of Tatanagar. In this area migration to industrial centres is rare; the Santals regard the conditions in industrial towns as highly dangerous to health, and they affirm that nothing will induce them to go there. The same reason, however, does not prevent them from leaving their own villages in a non-malarious tract of country for the malarious rice-growing areas farther east, in consequence of which the money earned is often more than spent in the expenses of protracted illness and long periods of idleness. Each village organizes its own party of migrants, who go to work for the same masters year after year. The wages they receive are more than double what is paid in their own locality, and so they earn the money required to pay rent, to meet social expenditure for marriages, and to pay off old debts. The homes are left in charge of the aged, and some of the children are left behind. The villages are denuded of able-bodied men and women, apart from a few who do not need to go. Family parties travel together, babies and very young children being carried

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by their parents. It is no uncommon sight to see a man striding along the road with a carrying pole across his shoulders; in the basket slung from one end he carries some of the family cooking utensils, while the youngest member of the family sits confidently in a basket at the other end. The immediate economic advantage of this annual migration, without which they might be forced to leave their present homes with dire consequences for their tribal stability, is secured at a heavy price. In addition to the toll on their health, tribal sanctions are loosened away from the village. Offenders against the tribal law, runaway brides, women accused of witchcraft, and many others who do not wish to submit to discipline can find a refuge away from their homes, and each year the number of those who elect to stay "east" is growing.

The older generation regard the yearly exodus as the prime cause of moral laxity because it flouts an old taboo. Formerly no Santal was supposed to cross the Damodar river, which forms the northern and eastern boundary of the Bankura district. When at first men were drawn away to work over the river the women were not allowed to accompany them. The reason given for this prohibition was that by crossing the river they would bring misfortune on themselves and their villages. The underlying causes may be connected in part with the fact that the tribal gods are forest gods and could not protect them on the other side of the river, where there are no forests; and partly linked with the fact that the Damodar has an important place in their customs for disposing of the dead.[1] Whatever they be, the old taboo is now ignored.

During the last few days of *Pus* (mid-January) and at each month's end till the Spring festival, parties of men, women and children can be seen returning along the roads in single file, the women always in front. They are bent on reaching their own villages before the festivities which mark the turn of the month. The old people watch for their return and the relieving of their responsibilities. They enjoy greater leisure and may be seen more often squatting on the narrow ledges that surround the houses, sunning themselves. As men and women return from the east they find employment chiefly in felling trees and in carting both wood and leaves to the railway. For many years the traditional attitude of the Santal to the forest has been to make clearings and begin cultivation. The forests of the area are privately owned by the landlords, and they are exploited

[1] See Chapter 12, p. 155.

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for their timber. The *sarjom*, which predominates, is a valuable tree, but locally it has not been permitted to grow to any height. The trees are cut once in seven years and the timber is exported chiefly to supply firewood in the towns, while the leaf is used for the leaf plates required in city homes and food shops. This activity provides the main subsidiary occupation and is in full swing whenever work in the fields slackens, though it is not sufficient to keep the Santals at home throughout the year. Women share in the occupation; they help the men by stacking the timber as it is cut into lengths, and they collect the leaves which older women sew together while sitting at home. Other women, in the time they can spare from duties at home, collect the twigs and dry branches which they need for domestic fuel. Boys from about the age of seven are engaged in their occupation of tending the village herd of goats and cattle, for which they receive wages from the owners of one anna per month for each goat and two annas per month for each head of cattle in their charge. They are sometimes joined by the younger girls, but after the girls are nine or ten they stay with their mothers, look after the house or help to nurse the younger children.

Women play little or no part in the organization of social or religious life, but they are supreme in household affairs. Although men lay claim to superior intelligence and women openly disclaim any knowledge or interest in affairs outside the home circle, the attitude of the two groups towards each other is one of good-natured tolerance. In Barikul, at the close of a festival when there had been much drinking, the men were feeling unwell. Babulal reports: "Some of the men are saying: 'Yesterday I had nothing to eat, so give me something today.' To which the women reply: 'We have eaten all the food; you men are drunk!' And so they drank more beer and spirits, and became even more drunken than they had been the day before." In his diary entry for the next day he records: "Today all the drunks have begun to beg for some stale rice gruel. The women scolded them: 'You have earned a lot of food, haven't you? Why should you not go out to beg?' " After this chaffing the women relented and gave the men some food before they set out once more to their work. The Santal wife attends fairs and markets; she buys her own clothes and attends to the household shopping. The contrast between them and their non-Santal neighbours is heightened by the fact that they do not cover their heads. One end of the *sari* is thrown loosely across the breasts and over the left shoulder.

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